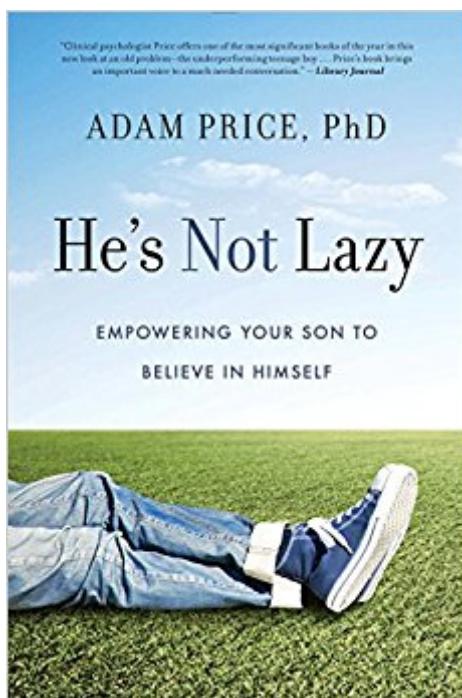


The book was found

He's Not Lazy: Empowering Your Son To Believe In Himself



Synopsis

“Clinical psychologist Price offers one of the most significant books of the year in this new look at an old problem—the underperforming teenage boy.” Price’s book brings an important voice to a much needed conversation. *Library Journal* (Starred review) On the surface, capable teenage boys may look lazy. But dig a little deeper, writes child psychologist Adam Price in *He’s Not Lazy, and you’ll often find conflicted boys who want to do well in middle and high school but are afraid to fail, and so do not try. This book can help you become an ally with your son, as he discovers greater self-confidence and accepts responsibility for his future.*

Book Information

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Customer Reviews

“Clinical psychologist Price offers one of the most significant books of the year in this new look at an old problem—the underperforming teenage boy. . . . With today’s kids being pushed harder than ever to perform and succeed at an early age, Price’s book brings an important voice to a much needed conversation. VERDICT Highly recommended.” *Library Journal* (Starred review) “Price addresses a situation he refers to as ‘opting out,’ in which teen boys appear lazy when in fact they are reacting to fear and pressure by shunning school with avoidance and denial. Price offers examples, lessons, and advice from his 25 years as a psychologist. While the book is filled with well-documented research, it is accessible to general readers. Price helps readers make a paradigm shift in how they view their

sons' behavior, explains the science behind human brain development, provides instructions for creating a plan for success, and most importantly, outlines how parents can change their own attitudes. The parents' change in perspective is the most important key; in the process, they will help their sons create self-sufficient, self-regulated plans. Parents, college students, teachers, and psychologists will gain a better understanding of the problem and know how to help teen boys who are going through it have a successful school career. A good addition for public library parenting collections as well as academic libraries.

•Booklist

Adam Price's book will provide inspiration for scores of parents seeking to understand why their sons are floundering, and will encourage greater acceptance for how today's teenage boys face challenges.

•Publishers Weekly

"I am not sure whether I love Adam Heft's *Not Lazy* more as a mother of two teen boys or as an educator who has worked with boys for over twenty years. What I do know is that Adam Heft's *Not Lazy* offers a truly thoughtful, commonsense approach to dealing with adolescent boys. It shows you how to read them and manage yourself in your interactions with these sometimes mysterious and frustrating people. And the stakes really couldn't be higher: Our boys need us to understand them, so they can develop into confident, emotionally strong men."

•Rosalind Wiseman, educator and author of *Queen Bees and Wannabes*, 3rd Edition: *Helping Your Daughter Survive Cliques, Gossip, Boys, and the New Realities of Girl World* and *Wingmen: Helping Our Boys Cope with Schoolyard Power, Locker-Room Tests, Girlfriends, and the New Rules of Boy World*

Adam Price, PhD, a clinical psychologist and author, has worked with children, adolescents, and their families for more than 25 years. He is an expert in learning disabilities and Attention Deficit Hyperactive Disorder (ADHD). Dr. Price lectures nationally to parents and educators, and has trained numerous clinicians in family and child therapy. He has written for both academic and popular publications, including the *Wall Street Journal* and *Family Circle Magazine*. Dr. Price maintains a private practice in New York City and Chatham, NJ. To learn more about Dr. Price, visit dradamprice.com.

An extremely well written and compelling guide for parents who struggle with how to motivate their teenage sons to do better in school and in life. *He's Not Lazy* is full of practical advice and actionable strategies which are based on both empirical research and extensive clinical experience. It is illuminated by the kind, loving and creative voice of the author. All the while the book helps you

maintain or even improve your relationship with your kid. As Price shows--with a rare combination of common sense and originality--the first step in implementing the plan he lays out in the book is to change your own perspective as parent. For that reason, as well as the updated research on brain development and the penetrating insights it offers into adolescent psychology, this book is also a must read for anyone working with or trying to understand and motivate teenagers. It is a fascinating, moving and accessible read with many, inspiring, real-life stories.

As a mother of two sons and a therapist, I found this book to be invaluable! It is well written and immediately actionable. Anyone with a son should have this on the shelf.

As a parent and college educator, I not only recommend this book for every parent of an adolescent boy (and girls too), but to every middle school and high school teacher. I learned so much and found so much wisdom that will give insight into the behavior of our ambivalent learners, and provide tools for helping them to succeed. I will recommend it not only to my parent and teacher friends, but to my students who will be parents and teachers in the near future.

Great book for parents with teenage boys.

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He's Not Lazy: Empowering Your Son to Believe In Himself Monet By Himself (Artist by Himself)
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